

Success *Circles*

Positive People – Positive Results



Table of Contents

What is a Success*Circle*TM ... 5

Success*Circle*TM Group Agreement ... 7

Purpose of a Success*Circle*TM ... 8

Facilitating a Success*Circle*TM ... 9

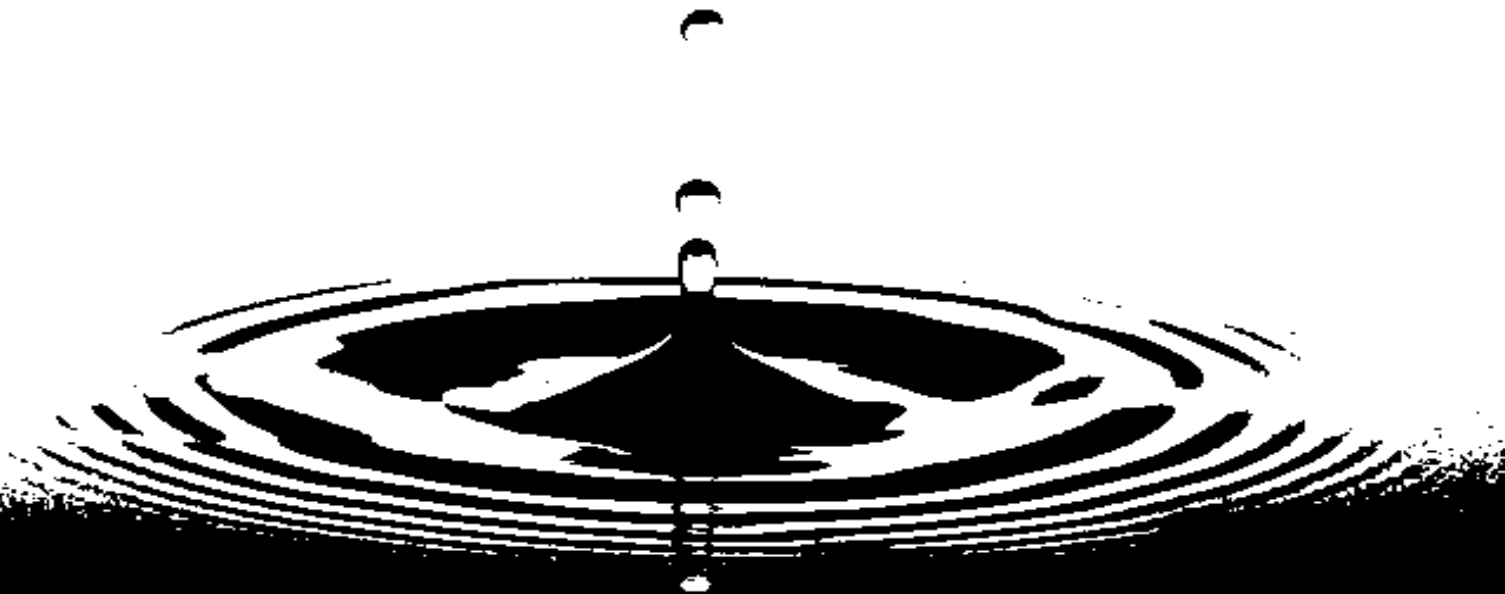


Suggested Success*Circle*TM Activities ... 10

Creating a Master Objectives & Goals List ... 11

How to write an Action Plan ... 12

What is a Success *Circle* ?



A *SuccessCircle*[™] is any group of people who make a commitment to meet on a regular basis with the intention of helping one another achieve their dreams and goals.

Our Success *Circle*[™] Group Agreement

1. The intention of our group is: _____

2. We will meet on: _____ (day of the week) from
_____ to _____ for the next _____ weeks.

3. The location of our meetings will be: _____

4. We agree to the following values: (check those the group agrees to):

- Confidentiality I will keep anything that is said strictly confidential.
- Attendance of I will give priority to the group meetings for the agreed number of weeks.
- Acceptance We accept each other unconditionally. We are not here to “fix” each other.
- Respect We respect each other’s feelings, opinions and suggestions without judgment.
- Okay to Pass No one is required to share.
- Okay to Disagree I accept that others may not hold the same view.
- Participation I speak for myself only and I listen to others attentively.
- Balance We seek a balance in our sharing times. Everyone is welcome to share and no one dominates.
- Support I am will to support my fellow Success *Circle*[™] members.
- Other: _____

With a clear conscience as my guide, I, _____ intend to uphold the above agreement to the best of my ability.

Dated this _____ day of _____ in the year _____.

Purpose of a Success *Circle* ?

❧ Vision ❧

Success*Circle*[™] are a source of empowerment and allow participants a safe and encouraging environment to discuss, define, achieve and celebrate individual potential and success.

❧ Purpose ❧

Using the concept of collaborative achievement, like ripples on a pond, Success*Circle*[™] allow participants to achieve and experience a greater level of personal and professional excellence by learning to assist one other in the process of achievement. Success*Circles*[™] create an environment of creativity and community while at the same time enriching our experience of gratitude and deepening our connection to our purpose in life.

❧ Objectives ❧

1. Create a safe, empowering and supportive environment.
2. Support and encourage the personal and professional growth of each Success*Circle*[™] member.
3. Uphold the power of intention and commitment.
4. Provide a group environment where Success*Circle*[™] members can participate in the power of sharing and collaborative achievement.
5. Provide a safe space that allows individual Success*Circle*[™] members a place to celebrate personal and professional achievement and excellence.

Facilitating a Success *Circle*

Note: Success*Circle*™ meetings should last no more than 90 minutes.

≈ First Meeting ≈

- Welcome, greet attendees.
- If possible have light refreshments, they are always welcome!
- Pass out and assemble Success*Circle*™ Workbooks.
 - Three-ring binder, 1" thickness
 - A-Z divider tabs
 - Three-hole punched, lined notebook paper.
- Opening Circle:
 - Discuss and review the purpose of Success*Circles*™.
 - Go over the Success*Circle*™ Agreement, and set intention for the group.
 - Sign Success*Circle*™ Agreement and file in Workbooks.
- Suggested Activities:
 - Create Master Objectives & Goals Directory (MOGL).
 - Create an Individual Treasure Map.
- Homework:
 - Each Success*Circle*™ member needs to define his/her goals they want to accomplish during the Success*Circle*™.



≈ Following Meetings ≈

- Welcome
- Opening Circle
 - Go around the Circle and have each member share a success story for the week.
 - Have each member share a challenge for the week. Other members are encouraged to offer advice, resources, assistance, etc.
 - **Note:** from week to week, during opening circle members will ask for and share advice for challenges presented the week before.
- Activity – See suggestions
- Closing Circle
 - Each member will present a quick one minute (or less): My intention for the next week is...

Suggested Success *Circle* Activities

SuccessCircle™ meetings, ideally have a purpose or a focus. Most organizations like to include their SuccessCircle™ as part of a weekly staff or management meeting.

Prior to the meeting, an assigned Circle Leader (we recommend that you have a different leader for each SuccessCircle™), is tasked with hosting an activity that will reinforce the focus for SuccessCircle™.

Below are a list of some of the ideas we've seen over the years, that your team may also enjoy. We also recommend that you ask other SuccessCircle™ members for suggestions and ideas about activities, topics, and issues that may be beneficial to the SuccessCircle™ while keeping members focused on the goals and objective of the SuccessCircle™ and its members.

🌀 Activity Ideas 🌀

1. **What I Like About YOU.** Have each SuccessCircle™ member write their name on a 3X5 index card. Put the cards in a hat, each person draws a card out (make sure it's not their own card). On the back of the card each member will write what they like or appreciate about the person whose name is written on the card. Leader gathers cards and reads the name and what is written on the back of each card.
2. **Create a Treasure Map:** Each SuccessCir-



cle™ member will need a blank sheet of paper of tag board, 2-3 favorite magazines and colored markers. The goal is for each person to cut out pictures and words that represent “how they want to look” when they reach their goal or objective. Hang the Treasure Map in a prominent place where you can see it everyday to remind you of your goals.

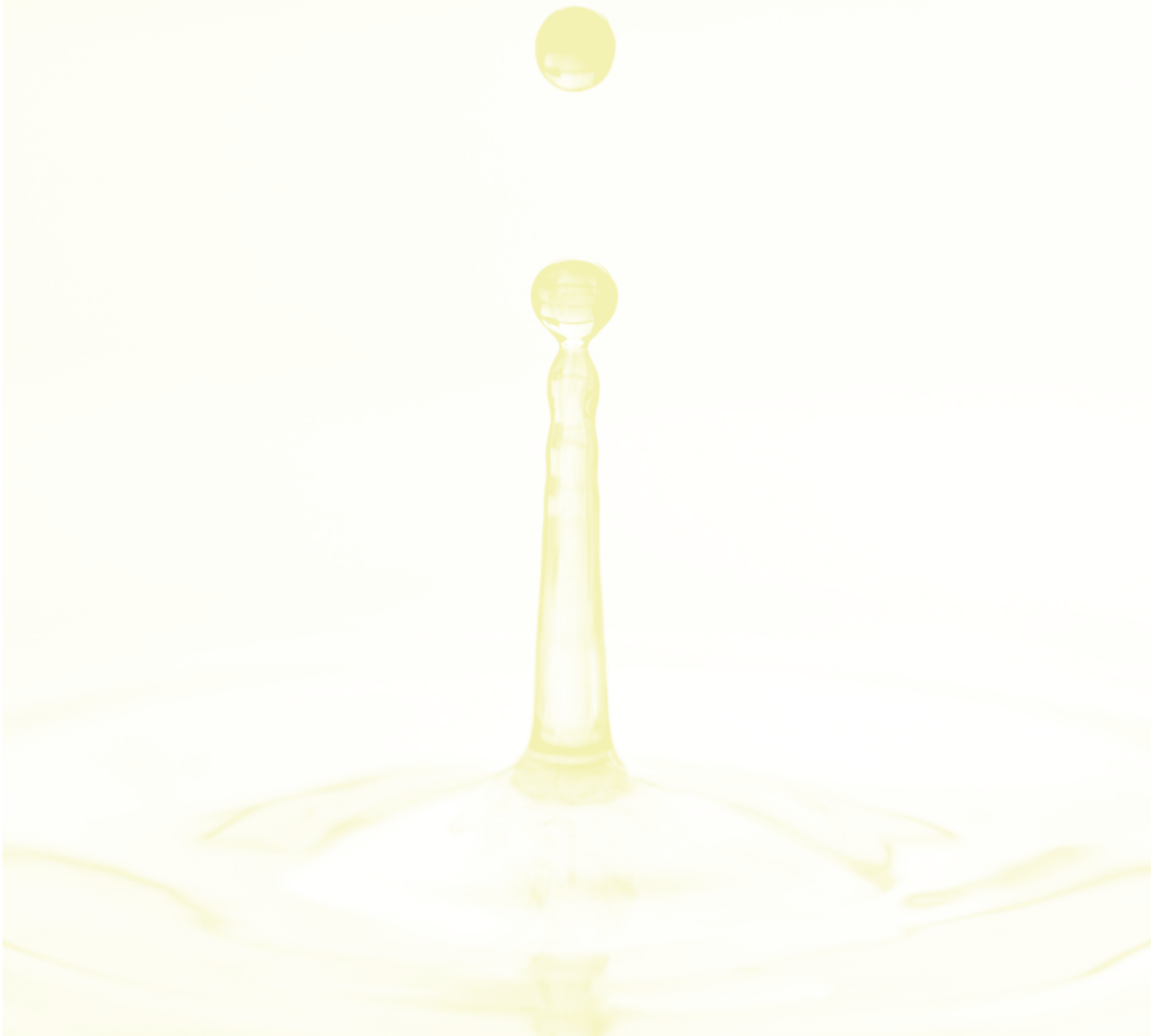
3. **Volunteer:** A SuccessCircle™ is very much like a giving circle or a philanthropic organization that focuses on helping others. Your SuccessCircle™ may want to choose a charity they'd like to support. Decide who or what you'd like to support and how you can best support your chosen charity. Plan a time to do you work together.

Send us your activity ideas to:

Ideas@CareerServicesNetwork.com

Creating a Master Objectives & Goals List

You're creating your Master Objective & Goals List...Your MOGL! And just like any successful entrepreneur a.k.a. Mogul, you need an aggressive direction. In the space below you are going to write down everything you want to do, achieve, experience, places to visit, etc. in your life...here's the catch...you have only three minutes to do this! USE A TIMER AND DON'T CHEAT! After you've completed your list refer to it as you begin to plan your success and write action plans. This is your Master List and you can add more "things" to it as you expand your Master Plan.. Use the Action Plan to chronicle your plan toward achieving your goals and objectives.



Sample Action Plan

Print out one Action Plan for each Goal or Objective and file in your binder.

My Goal: _____

Why am I setting this goal?: _____

Start Date: _____

Benchmark One Date: _____

Benchmark Two Date: _____

Accomplishment Date: _____

Required Resources I will need to accomplish my goal:

- People:
- Time:
- Money:

Necessary Steps:

My Reward: _____

My Signature

Today's Date